

# Contents

Foreword .....	1
Appendix A - Checking in on Past Research .....	2
Reliever Grid.....	2
Appendix B - New Research.....	4
Player Evaluation Research .....	4
Bat Speed Overview.....	4
Which Position Players Are More Prone to Projection Error?.....	9
xAVG ... Worthless.....	12
Plate Appearances to Get Up to Speed .....	13
Comparing Preseason Starting Pitcher Ranks to Projections.....	14
Starting Pitcher Injury Grades.....	17
Middle Relievers Turned Starters .....	20
Pitcher Hard Hit% and Barrel% Stabilization.....	24
STUPH, What Matters .....	28
Fastball Velocity Changes for Rookies and Rehabbing Pitchers .....	42
Stickiness of Pitcher Platoon Splits .....	42
Bullpen Targets Based on Team Projections .....	44
Adjusting Save Projections Based on Reliever Talent.....	45
Where do Saves Come From?.....	46
Draft Research .....	48
Associations Between Draft Position, Reaching, and Overall Points .....	48
ADP Changes In Different NFBC Formats.....	54
How Did Draft Day Stashes Pay Off? .....	62
Stashing Hurt Starters .....	64
Hitter Busts.....	67
FAAB Research.....	75

## The Process

FAAB Allocation .....	75
Stashing Injured Players Once the Season Starts.....	79
Group Bidding Experiment .....	82
Appendix C - Pitcher pERA Sorted Alphabetically .....	88
Appendix D - Pitcher pERA Ranking .....	99
Appendix E - Starting Pitcher Injury Grades .....	110
Appendix F - Pitcher Hard Hit Information .....	113
Appendix G - Standings Gain Points for Different League Types.....	123
Appendix H - Average League Standings.....	130